



Newsletter September 2021!

Welcome to our newsletter for service users' parents, and carers. We aim to issue the newsletter on a regular basis to keep everybody up to date with news, upcoming events and items of general interest.

Services update

Covid-19 restrictions continue to be eased as we learn to live with the virus as part of life. Since the first lockdown in March 2020 we have run a much reduced service at our base in Syston and from the beginning of September our Syston base will be closed as we consolidate our services at Melton instead. The vast majority of people will be unaffected by this change because they have already transferred to Melton.

Allotment Update:

Over the summer months we have been busy working on our allotment at Melton Country Park growing vegetables and keeping the weeds at bay!



Here is our editor David taking home some of the lovely vegetables!

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New Lawnmower:

Here is Adam showing off our new lawnmower which was bought from the donations we received from Leicester Football Club along with some other gardening tools.



Secret Tearoom Recipe:

For September's Secret Tearoom recipe, we have chosen the lovely flapjack recipe!



Ingredients:

200g Oats
90g Butter

90g light brown sugar
1 tbsp golden syrup

Method:

Preheat the oven to 160 degrees
Pour sugar, margarine and syrup into a mixing bowl and melt in the microwave
Add oats and stir well
Spoon the mixture into a greased baking tray and smooth down
Bake in oven until golden brown.

HAPPY BAKING!

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